



Integrated Health Promotion Working Group (IHPWG) MINUTES

10.30am – 12.30pm 9th August 2011 at Stawell Health and Community Centre

Chair/Minutes – Meagan Ward (GPPCP)

Attendees – Ebony Kumnick (DH), Julia Ogdin (EGHS), Nicole Petrass (BaSHS), Jules Walker (GCH), Helen Giles (GCH), Chris O'Brien (GPPCP), Rebecca Griffen (EWHS), Katrina Toomey (SRH), Michelle Wood (NGS), Alison Tonkin (ARC), Kaye Londrigan (GCH), Julie-Anne Burwood (GCH), Judy Perkins (DH), Kirsty Coote (SRH), Lachlan Smith (SC)

Apologies – Michael Flynn (SC), Julie Kendall (Beaufort Comm Church), Robyn Hemley (Transport Connections), Rebecca Huddy (MDHS), Janine Curtis (EBNC), Emma Mahony (WHG), Leonie Tellefson (EGHS), Naomi Caulfield (EWHS).

Discussion & Actions		
Topic	Discussion	Who & When
1. Welcome & Introductions		No action required
2. Previous Meetings Minutes	- Moved: Julia Ogdin Seconded: Katrina Toomey	
<u>3. Guests</u> Kaye Londrigan Julie-Anne Burwood	- Kaye Londrigan (Regional Integration Coordinator & Housing Support) and Julie-Anne Burwood (Lifestyle Options Coordinator – EliCD project) introduced themselves to the group and gave an overview of their positions and a summary of what their role involves. - These ladies can be contacted at the following details: Kaye Londrigan Ph: 53587400 kaye.l@grampianscommunityhealth.org.au	

	<p>Julie-Anne Burwood Ph: 53587400 julianne.b@grampianscommunityhealth.org.au</p>	<p>Action: All to forward physical activity and social connection opportunities to Julie-Anne.</p>
<p><u>4. Business Arising</u> 4.1 Food Security</p>	<ul style="list-style-type: none"> - MAPS: Robyn is continuing to work with LGAs on mapping food premises, buses etc. - FOOD BASKET SURVEYS: Surveys have been completed for all supermarkets across the catchment. The group had a quick look at the comparisons between them and felt that it would be good to compare the results to surveys done in other regions. 	<p>Action: Meagan will source some comparison survey data for the next meeting.</p>
<p>4.2 Physical Activity</p>	<ul style="list-style-type: none"> - Discussion was had around where to start our Physical Activity mapping. - Members agreed to start with the 'built environments' across the catchment. - Information around facilities and access/inclusion, as well as community consultation will also be important. - LGAs will have much of the information around built environments and will therefore be our starting point. - Alison Tonkin (ARC) and Michelle Wood (NGS) will assist with gathering info in these two LGAs. - Work will also need to be done in the Pyrenees Shire. 	<p>Action: Meagan will meet with NGS and ARC reps to gather information/data before next meeting.</p>
<p><u>5. General Business</u> 5.1 Smiles 4 Miles</p>	<ul style="list-style-type: none"> - Kinder settings are working on implementing the key S4M messages. - First lot of surveys have been completed and policies are being reviewed to ensure reflection of messages. 	
<p>5.2 Action for next meeting</p>	<ul style="list-style-type: none"> - <u>Food Security</u>: A small group is going to work on some interview questions that would be suitable to ask key stakeholders. Katrina, Nicole, Julia, Jules, Rebecca and Meagan volunteered to be a part of this. This template would then lead into the organizing of interviews with these stakeholders. 	<p>Action: Meagan to draft up some questions and list of potential stakeholders to</p>

	<ul style="list-style-type: none"> - <u>Physical Activity</u>: LGAs to contribute by pulling together some information and data around built environments. 	<p>distribute to small group for feedback. Action: Meagan to meet with LGAs.</p>
5.3 November meeting	<ul style="list-style-type: none"> - November 1st meeting has been rescheduled to Tuesday October 25th due to Melbourne Cup Day 	
<u>6. Funding Opportunities</u>	<ul style="list-style-type: none"> - Healthy Communities Initiative - Optus Community Grants 	
<u>7. Training & Professional Development</u>	<ul style="list-style-type: none"> - Understanding Mental Health and Wellbeing (Stawell Oct 11th) - Mental Health First Aid (Beaufort Dec 6th&7th) - VHA Annual Conference - Deakin WHO Collaborating Centre – Obesity Prevention 4 day course - CO-OPS National Workshop - NoFalls Train the Trainer Course - PHAA Annual Conference - Project Management Courses (contact Judy Perkins) 	
<u>8. Agency Reports</u>	<ul style="list-style-type: none"> - SRH: Community Kitchen at Budja Budja starts Wed 10th - ARC: Currently doing a Road Safety Strategy survey (attached) - EWHS: St Arnaud Community Kitchens are now sustainable Starter pack distributed to targeted groups - EGHS: Increase in oral health promotion. Setting visits to increase referrals. Lifestyle Program in partnership with Neighbourhood House to start in Oct - NGS: Michelle and Gillian (ARC) are helping to organise the Environmental Health Australia Symposium to be held at Halls Gap on the 20th and 21st Oct 	
Next meeting: Tuesday 20th September 10.30am – 12.30pm Ararat		