



## Integrated Health Promotion Working Group (IHPWG) MINUTES

**10.30am – 12.30pm 25<sup>th</sup> October 2011 at SH@CC**

**Chair/Minutes** – Meagan Ward (GPPCP)

**Attendees** –Nicole Petrass (BaSHS), Helen Giles (GCH), Rebecca Kiffen (EWHS), Katrina Toomey (SRH), Kirsty Coote (SRH), Carolyn Trowell (NGS), Julie Kendall (Beaufort Comm Church), Julie-Anne Burwood (GCH), Jo Martin (West Vic Div),

**Apologies** –Robyn Hemley (Transport Connections), Janine Curtis (EBNC), Naomi Caulfield (EWHS), Alison Tonkin (ARC), Bree Doody (HCI), Michael Flynn (SC), Julia Ogdin (EGHS), Emma Mahony (WHG), Rachael Cooper (EGHS), Julian Harvey (DH), Kate Astbury (GCH), Jules Walker (GCH)

<b>Discussion &amp; Actions</b>		
Topic	Discussion	Who & When
<b>1. Welcome &amp; Introductions</b>		No action required
<b>2. Previous Meetings Minutes</b>	- Moved: Kirsty Coote                      Seconded: Nicole Petrass	
<b><u>3. Business Arising</u></b> <b>3.1 Food Security</b>	<p><u>MAPS</u>: Will have something to present at our final meeting (Dec 13<sup>th</sup>)</p> <p>- <u>STAKEHOLDER INTERVIEWS</u>: Interviews are well on the way but members need a little more time to complete these. Interviews will need to be done before next meeting. The list below is a reminder of who is responsible for interviewing which agencies.</p> <p>Tori Cochrane:    Pyrenees HACC, Avoca Food Pantry, M&amp;CH Julie Kendall:     Beaufort Church Groups</p>	<b>Action: Members to complete stakeholder interviews before Dec 13<sup>th</sup> meeting.</b>

	<p>Julia Ogdin: Ararat Neighbourhood House, Elmhurst and Lake Bolac Bush Nursing Centres</p> <p>Jules Walker: Housing and Support (Wimmera Uniting Care), McGregor House</p> <p>Gillian Tattersall: ARC HACC and M&amp;CH</p> <p>Nicole Petrass: Beaufort School Nurse/Chaplain, Community House, District Nursing</p> <p>Michelle Wood: NGS M&amp;CH</p> <p>Carolyn Trowell: NGS HACC and Stawell Neighbourhood House</p> <p>Bec Kiffen: District &amp; Community Nurses, LLEN, St Arnaud Neighbourhood House, Murdoch House</p> <p>Katrina Toomey: &amp; Kirsty Coote: District &amp; Practice Nurses, Stawell LLEN, Budja Budja, Salvation Army, Intertwine</p> <p>Meagan Ward: Centrelink, Ararat Salvo's/St Vinnies, Convenience Stores</p> <p><b>Note:</b></p> <ol style="list-style-type: none"> <li>1. Contact the agency by phone to ensure you have the right contact person or email if you have their address and feel this is a better option. (email letter is attached with minutes)</li> <li>2. Explain the purpose of the call (use info from attached documents) and ask for their assistance. Find out if they would prefer to respond by email (in which case find out their address and send a copy of the survey) or organise an appropriate time to do a phone interview.</li> <li>3. Survey information needs to be collected by our next meeting (Oct 25<sup>th</sup>)</li> <li>4. Any questions please contact Meagan</li> </ol> <p>- <u>COMMUNITY CONSULTATION</u>: Discussion was had around ways to gather information from community members about the issue of food security. It was felt that focus groups are probably preferable and some of these could be organised through already established groups. The focus groups would need to be carefully facilitated with appropriate questions. Important to get a good cross section by speaking with a range of people and not just those that we have identified as being 'at risk'.</p>	<p><b>Action: Meagan to speak with Leah Galvin and put together a brief</b></p>
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	<p>Suggestion was made to speak with Leah Galvin (VLGA) around the best approach to community focus groups, questions etc.</p> <p>- A new Food Security Website: <a href="http://www.thinkingfoodsecurity.org.au">www.thinkingfoodsecurity.org.au</a></p>	<p><b>draft plan for community consultation.</b></p>
<p><b>3.2 Physical Activity</b></p>	<p>- What makes a healthy built environment? What does the evidence say? Several documents were tabled and discussion was had around the principles and elements of a healthy environment.</p> <p>- Focus will need to be on the elements/principles identified in research. Important that we acknowledge the information already within our catchment by utilizing LGAs and other organisations.</p> <p>- Relevant documents can be found at the following links:</p> <p>- Healthy Built Environments: <a href="http://www.fbe.unsw.edu.au/cf/hbep/publications/">http://www.fbe.unsw.edu.au/cf/hbep/publications/</a> Healthy Spaces and Places: <a href="http://www.healthyplaces.org.au/userfiles/file/HS&amp;P%20An%20overview.pdf">http://www.healthyplaces.org.au/userfiles/file/HS&amp;P%20An%20overview.pdf</a></p> <p>- Healthy by Design: <a href="http://passthrough.fwnotify.net/download/922809/http://www.heartfoundation.org.au/SiteCollectionDocuments/Healthy-by-Design.pdf">http://passthrough.fwnotify.net/download/922809/http://www.heartfoundation.org.au/SiteCollectionDocuments/Healthy-by-Design.pdf</a></p> <p>- Environments for Health: <a href="http://www.health.vic.gov.au/localgov/mphpfr/downloads/mphpf.pdf">http://www.health.vic.gov.au/localgov/mphpfr/downloads/mphpf.pdf</a></p> <p>- Healthy Urban Development Checklist: <a href="http://www.sswahs.nsw.gov.au/populationhealth/healthy_urban_development_checklist.html">http://www.sswahs.nsw.gov.au/populationhealth/healthy_urban_development_checklist.html</a></p>	<p><b>Action: Meagan to put together a summary of key elements/principles that need to be investigated.</b></p>
<p><b><u>4. General Business</u></b></p> <p><b>4.1 Smiles 4 Miles</b></p>	<p>- Settings will be finalising policies and completing surveys over the next 6 weeks to ensure they can apply to be awarded.</p>	

<b>4.2 PHAA Conference</b>	<ul style="list-style-type: none"> <li>- Meagan attended the Public Health Association of Australia conference recently. The theme was 'Sustainable Population Health'.</li> <li>- NB. Brief discussion was had around the possibility at looking at policies within member organisations. This was noted as something to maybe revisit next year.</li> </ul>	<b>Action: Meagan to attach report with minutes.</b>
<b>4.3 Central Grampians Drug Action Plan Committee</b>	<ul style="list-style-type: none"> <li>- People who have previously been involved with the CG Drug Action Plan committees are keen to regroup after a lapse for a large part of this year.</li> <li>- Meagan has contacted the distribution list asking for EOI and will set a meeting date in the coming weeks.</li> <li>- Interest to be involved can be directed to Meagan.</li> </ul>	
<b>4.4 Population Health Planning Discussion Paper</b>	<ul style="list-style-type: none"> <li>- Closing the Gap: Policy into practice on social determinants of health.</li> </ul> <p><a href="http://www.who.int/sdhconference/discussion_paper/en/">http://www.who.int/sdhconference/discussion_paper/en/</a></p>	
<b>4.5 Action for next meeting</b>	<ul style="list-style-type: none"> <li>- VicHealth Partnership Analysis will be distributed to working group members prior to our final meeting of the year. Members will complete and there will be some discussion around the progress of the partnership at our final meeting.</li> </ul>	<b>Action: Meagan to distribute prior to meeting.</b>
<b>4.6 PCP Recruitment</b>	<ul style="list-style-type: none"> <li>- PCP are currently recruiting to the following positions:</li> <li>- Chronic Disease Coordinator (full-time)</li> <li>- Research Officer (Part-time)</li> </ul>	
<b><u>5. Funding Opportunities</u></b>	<ul style="list-style-type: none"> <li>- National Binge Drinking ( EWHS and GCH are both applying for this funding)</li> </ul>	
<b><u>6. Training &amp; Professional Development</u></b>	<ul style="list-style-type: none"> <li>- Mental Health First Aid (Beaufort Dec 6<sup>th</sup>&amp;7<sup>th</sup>)</li> <li>- KGFYL Forum (Melbourne Nov 22<sup>nd</sup>)</li> </ul> <p>NB. Some interest from the members to do something around Health Literacy next year.</p>	

**8. Agency Reports**

- SRH: Walktober went well. Staff Health and Wellbeing committee has been formed. Referral pathway up and running. Skene St and Stawell PS ready to be awarded (KGFYL). Cholesterol information night was held on Oct 26<sup>th</sup>.
- NGS: Staying Active and Healthy Expo's went well and are looking to improve further next year. Applying for funding to improve work around Youth Strategy. Focusing on Sport and Rec facilities
- Beaufort Community Church: Community Kitchen going well with 6 -12 men.
- BaSHS: Recruiting for a part-time HP officer. Drafting a health & wellbeing policy for the organisation.
- EWHS: Applied for funding through the Engaged Program and the National Binge Drinking. Kitchens and Gardens going along well. KGFYL is on hold while awaiting new framework.
- West Vic Div: New staff – CDM nurse (Barb Somerville). Referral pathways – using same model across region. Hosting Drs 4 Drs Clinic. Doing work around evidence and obesity.
- GCH: Lifestyle Program and referral pathways are slowly establishing. Some concern voiced around how the work of the group is including mental health/social inclusion. Discussion was had to try and clarify the direction of the work and how this fits.

**Next meeting: Tuesday 13th December 10.30am – 12.30pm Ararat**