



## Integrated Health Promotion Working Group (IHPWG) MINUTES

**10.30am – 12.30pm 20<sup>th</sup> September 2011 at Dept of Human Services Ararat**

**Chair/Minutes** – Meagan Ward (GPPCP)

**Attendees** – Julian Harvey (DH), Julia Ogdin (EGHS), Nicole Petrass (BaSHS), Jules Walker (GCH), Rebecca Kiffen (EWHS), Katrina Toomey (SRH), Michelle Wood (NGS), Kirsty Coote (SRH), Michael Flynn (SC), Carolyn Trowell (NGS), Gillian Tattersall (ARC), Tori Cochrane (HCI), Julie Kendall (Beaufort Comm Church)

**Apologies** –Robyn Hemley (Transport Connections), Janine Curtis (EBNC), Naomi Caulfield (EWHS), Julie-Anne Burwood (GCH), Jo Martin (West Vic Div), Alison Tonkin (ARC), Bree Doody (HCI)

<b>Discussion &amp; Actions</b>		
Topic	Discussion	Who & When
<b>1. Welcome &amp; Introductions</b>		No action required
<b>2. Previous Meetings Minutes</b>	- Moved: Julia Ogdin                      Seconded: Bec Kiffen	
<b><u>3. Business Arising</u></b> <b>3.1 Food Security</b>	<ul style="list-style-type: none"> <li>- MAPS: Robyn is continuing to work with LGAs on mapping food premises, buses etc. Hoping to have this information ready for the next meeting (Oct 25<sup>th</sup>)</li> <li>- FOOD BASKET SURVEYS: Some metropolitan and rural healthy food basket data was tabled so a comparison could be seen with the data collected across the Grampians Pyrenees catchment. It seems that results are fairly similar across the state although a closer analysis will be needed when all information is collected.</li> <li>- A couple of examples of food security mapping/assessment reports were tabled and are attached with the minutes.</li> </ul>	

	<ul style="list-style-type: none"> <li>- The IHPWG will be looking at compiling something similar to these at the completion of our research.</li> <li>- <b>STAKEHOLDER INTERVIEW QUESTIONS:</b> Members agreed that the interview questions and related documents were appropriate. Stakeholders were identified and the task of interviewing agencies was divided up between the members. The list below outlines who is responsible for interviewing which agencies.</li> </ul> <p>Tori Cochrane: Pyrenees HACC, Avoca Food Pantry, M&amp;CH  Julie Kendall: Beaufort Church Groups  Julia Ogdin: Ararat Neighbourhood House, Elmhurst and Lake Bolac Bush Nursing Centres  Jules Walker: Housing and Support (Wimmera Uniting Care), McGregor House  Gillian Tattersall: ARC HACC and M&amp;CH  Nicole Petrass: Beaufort School Nurse/Chaplain, Community House, District Nursing  Michelle Wood: NGS M&amp;CH  Carolyn Trowell: NGS HACC and Stawell Neighbourhood House  Bec Kiffen: District &amp; Community Nurses, LLEN, St Arnaud Neighbourhood House, Murdoch House  Katrina Toomey:  &amp; Kirsten Coote: District &amp; Practice Nurses, Stawell LLEN, Budja Budja, Salvation Army, Intertwine  Meagan Ward: Centrelink, Ararat Salvo's/St Vinnies, Convenience Stores</p> <p><b>Note:</b></p> <ol style="list-style-type: none"> <li>1. Contact the agency by phone to ensure you have the right contact person or email if you have their address and feel this is a better option. (email letter is attached with minutes)</li> <li>2. Explain the purpose of the call (use info from attached documents) and ask for their assistance. Find out if they would prefer to respond by email (in which case find out their address and send a copy of the survey) or organise an appropriate time to do a phone interview.</li> </ol>	<p><b>ACTION: Meagan to attach interview documents with minutes</b></p>
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	<p>3. Survey information needs to be collected by our next meeting (Oct 25<sup>th</sup>)</p> <p>4. Any questions please contact Meagan</p>	
<b>3.2 Physical Activity</b>	<ul style="list-style-type: none"> <li>- Maps from ARC and NGS that contain information around footpaths, walking and bike tracks were tabled. These maps are also supported by recreation/leisure/open space type strategies for each of the LGAs. Similar maps from the Pyrenees Shire still need to be gathered.</li> <li>- There was some uncertainty about how to use these maps at this stage and it was Decided by the group that a step back was needed to look at 'What is and what makes a healthy built environment?' Some further evidence is needed around this before we continue.</li> </ul>	<b>Action: Meagan and others where appropriate to gather further data and evidence around built environments to bring to next meeting.</b>
<b><u>4. General Business</u></b>	<ul style="list-style-type: none"> <li>- PCP refunded for S4M for another 12 months which will be the final year of the project.</li> </ul>	
<b>4.1 Smiles 4 Miles</b>		
<b>4.2 New Documents released</b>	<ul style="list-style-type: none"> <li>- Victorian Public Health and Wellbeing Plan 2011-2015 <a href="http://www.health.vic.gov.au/prevention/vphwplan">http://www.health.vic.gov.au/prevention/vphwplan</a></li> <li>- Australian National Preventative Health Agency Strategic Plan 2011-2015 <a href="http://apo.org.au/research/australian-national-preventive-health-agency-strategic-plan-2011%E2%80%932015">http://apo.org.au/research/australian-national-preventive-health-agency-strategic-plan-2011%E2%80%932015</a></li> <li>- Health promotion and sustainability  <a href="http://www.resourcesmart.vic.gov.au/for_government/sustainability_in_government_5302.html">http://www.resourcesmart.vic.gov.au/for_government/sustainability_in_government_5302.html</a></li> </ul>	
<b>4.3 Prevention Community Model (NPAPH)</b>	<ul style="list-style-type: none"> <li>- Julian Harvey (DH) gave an overview of the new Prevention Community Model.</li> <li>- There will be 14 LGAs involved with Central Goldfields, Pyrenees and Ararat being a joint pilot site.</li> <li>- The media release regarding this model is attached with the minutes.</li> </ul>	
<b><u>5. Funding Opportunities</u></b>	<ul style="list-style-type: none"> <li>- FRRR/ANZ Seeds of Renewal: <a href="http://www.frrr.org.au/programsDetail.asp?ProgramID=1">http://www.frrr.org.au/programsDetail.asp?ProgramID=1</a></li> </ul>	

	<ul style="list-style-type: none"> <li>- Small Grants for Small Communities <a href="http://www.frrr.org.au/programsDetail.asp?ProgramID=4">http://www.frrr.org.au/programsDetail.asp?ProgramID=4</a></li> <li>- Local Campaigns Grants program <a href="http://livelonger.health.gov.au/grant-funding.html">http://livelonger.health.gov.au/grant-funding.html</a></li> <li>- Grants to support Men's Sheds <a href="http://www.health.gov.au/internet/ministers/publishing.nsf/Content/mr-yr11-ws-ws044.htm">http://www.health.gov.au/internet/ministers/publishing.nsf/Content/mr-yr11-ws-ws044.htm</a></li> <li>- Public Safety and Infrastructure  <a href="http://www.justice.vic.gov.au/wps/wcm/connect/justlib/doj+internet/home/community+crime+prevention/council+infrastructure+grants/">http://www.justice.vic.gov.au/wps/wcm/connect/justlib/doj+internet/home/community+crime+prevention/council+infrastructure+grants/</a></li> <li>- Youth Development (details attached with minutes)</li> </ul>	
<p><b><u>6. Training &amp; Professional Development</u></b></p>	<ul style="list-style-type: none"> <li>- Understanding Mental Health and Wellbeing (Stawell Oct 11<sup>th</sup>)</li> <li>- Mental Health First Aid (Beaufort Dec 6<sup>th</sup>&amp;7<sup>th</sup>)</li> <li>- PHAA Annual Conference (Brisbane 26<sup>th</sup>-28<sup>th</sup> Sept)</li> <li>- Health Coaching (Part 2 Stawell Feb 8<sup>th</sup> 2012)</li> <li>- Project Management Courses (contact Judy Perkins)</li> <li>- KGFYL Forum (Melbourne Nov 22<sup>nd</sup>)</li> </ul>	
<p><b><u>8. Agency Reports</u></b></p>	<ul style="list-style-type: none"> <li>- SRH: Walktober Tues 18<sup>th</sup> and Thurs 20<sup>th</sup> October, Ride to Work?</li> <li>- NGS: Staying Active and Healthy Expo 12<sup>th</sup> Oct Stawell and 19<sup>th</sup> Oct St Arnaud.</li> <li>- HCI: Street Harvest to tie in with Avoca Food Pantry.</li> <li>- Beaufort Community Church: Going through a restructure and linking in with other groups. No food donations, just vouchers.</li> <li>- EGHS: Healthy and Nutritious breakfast with Willaura Kinder and P.S. in Nov.</li> <li>- ARC: M&amp;CH looking at an Early Years plan which will include nutrition/food security?</li> <li>- BaSHS: Walktober, Healthy Lifestyle Challenge in Snake Valley starting 5<sup>th</sup> Oct.</li> <li>- NGS: Issues with water carters now needing to be registered. Legalities and fees making it not viable.</li> <li>- Sports Central: New Project Coordinator-Zandria, Walktober in Ballarat with open Invitation to our catchment.</li> <li>- EWHS: 2 Community Health Nurses have started – Cathy and Rae, Kitchens and</li> </ul>	

	gardens going well, garden sites in all towns except Whyche, Environmental week will involve schools.	
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<b>Next meeting: Tuesday 25th October 10.30am – 12.30pm Stawell</b>		
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